

# **Position Description**

**Position Title:** First Nations Nutrition Officer (Identified role)

**Location:** Darwin based – supporting Darwin First Nation communities

**Reports to:** Head of Health & Wellbeing, Top End Region

**Tenure:** 0.5 FTE (19 hours per week), 1 year fixed-term contract

Classification: Social, Community, Home Care and Disability Services Award (SCHADS) Award

Level 3 - 4. \$72,203 - \$83,274 pro rata

# **Background**

Children's Ground is a First Nations organisation. We are committed to systems change to ensure dignity, justice and equity for all children and families. Our work focuses on national reform as well as evidencing a new way of working.

The Children's Ground Approach is a whole of community, whole of life approach, designed by First Nations people. We partner with a community over the course of a generation, led by local expertise, vision and intelligence. Together, we create and deliver an integrated system that is centred on learning, development and wellbeing that responds to the child and their family through the key transition points from pre-birth to young adulthood. Our approach recognises the cultural, social and economic strength of communities and builds on this to equip children for opportunities locally, nationally and globally.

We celebrate First Nations children and families and back their vision and talent to transform their communities from extreme stress and economic disadvantage to communities of opportunity and wellbeing.

#### **Position Summary**

This position is for a First Nations person with a strong understanding of cultural and western health.

The First Nations Nutrition worker will be working in a multi-disciplinary team, to deliver the Children's Ground Family Health and Wellbeing Framework, *Health in the Hands of the People* to improve the health and wellbeing outcomes for First Nations communities in the Top End. This includes recognising, respecting, and privileging local cultural knowledge systems and practices, and the agency of First Nations people.

The position will support service delivery by leading the planning and ordering of food for service delivery, supporting early years health promotion activities and supporting children and families around nutrition and health promotion within and outside early learning sessions.

# **Key Relationships**

Reports to: Head of Health & Wellbeing

Key Internal liaison: Head of Learning and Wellbeing; Health team; Regional Director

Key External liaison: Local community services across the Top End

\_\_\_\_\_

# **Key Responsibilities**

# 1. Delivery of the Children's Ground Family Health & Wellbeing Model – Health in the Hands of the People

- Under the guidance of the Children's Ground Family Health and Wellbeing Framework –
   Health in the Hands of the People contribute to improving the health and wellbeing
   outcomes for children, families, and communities.
- Work with children and families within early learning and outside learning sessions, including home/community visits and other outreach strategies, bringing a particular focus to optimal nutrition and health promotion.
- Work with First Nations staff and family members in each location to support the delivery
  of health and wellbeing information and support in first language and support local cultural
  knowledge, life, and lore.
- Encourage and support all First Nations families, valuing their ideas, strategies, and aspirations.
- Meet regularly with local First Nations people and elders to discuss local aspirations; this will inform the direction of the role.
- Liaise with local First Nations community members in relation to activities to ensure active promotion of local cultural knowledge and practice.

#### 2. Program Design, Standards, and Implementation

- Lead the planning and ordering of healthy and nutritious food for service delivery.
- Support the delivery of Early Years learning both on Country and in community.
- Support communities with food security initiatives including food gardens, food storage and preparation solutions and support.
- Ensure food safety standards are maintained in food storage, preparation, and provision.
   This includes high standards of cleanliness and regular sanitisation of equipment and includes delivery of meals while on Country.
- Provide advice and recommendations to Children's Ground teams regarding nutrition and health promotion needs in the community.
- Help develop resources including videos, books, papers, menus, nutrition education/training manuals etc. in collaboration with or guided by First Nations staff and community members.

#### 3. Information and data systems, monitoring, and reporting

- Ensure relevant user data and information is being recorded to meet the monitoring and evaluation needs of the organisation.
- Ensure compliance and standards meet the needs of Children's Ground and the security of information for consumers.
- Maintain confidential, organised, and up-to-date files relating to people.

#### 4. Contribute to Children's Ground

- Be a positive, innovative member of the Children's Ground team.
- Contribute to strategic planning, organisational development, management work plans & policy formation.
- Support a strong, connected, respectful and supportive organisation.
- Participate in professional development programs offered by Children's Ground.
- Ensure Children's Ground Policies and Procedures are followed.
- Maintain strong joint working relationships across Children's Ground operations.
- Represent Children's Ground in meetings as requested.
- Undertake other tasks as requested to support the delivery of Children's Ground in the Top End region.

# **Work Health and Safety**

- Ensure documentation and standards are in place with clear compliance to meet the WH&S needs of Children's Ground.
- Ensure all activities are delivered with quality and integrity and with relevant risk assessment applied.
- Operate within the requirements of Children's Ground Approach, policies, and procedures and regulatory requirements.

This role may require working regularly in outdoor conditions, sitting, standing, and moving around in outdoor settings, including getting in and out of motor vehicles and remote location work.

People may be required to do a medical check before engagement.

# **Key Selection Criteria**

- Experience working within Health Promotion/Nutrition or community engagement.
- Experience working with First Nation people and communities with ability to work positively with people's strengths and capacities, seeking opportunities for genuine inclusion.
- Knowledge of food safety standards.
- Strong people skills teamwork, communication, and collaboration.
- Strong organisation skills with knowledge of online ordering and payment management systems.
- Ability to work in a flexible team environment.

- Current full driver's license.
- A current Working with Children Clearance Notice (Ochre Card) or ability to obtain. And a willingness to undergo a National Police Check.

#### **Desirable Attributes**

- Qualifications in Nutrition/Health Promotion or similar.
- Experience working with children.
- Experience in resource development/facilitation/training.
- An interest in Community Development including Cultural, Economic and Enterprise Development; Health, Learning and Wellbeing.

#### **Personal Attributes**

- Practical, hands-on skills.
- Self-starter who thrives in an environment that is ambiguous and complex and thinks systemically.
- Creates and embraces a culturally diverse workforce.
- Passionate about social justice.
- Highly collaborative.
- Innovative and thinks adaptively about problem resolution.
- Focus on achieving excellence.